

Sherwood Newsletter

Autumn 2010

www.sherwoodswimmingclub.com

Thursday Night is Technique Night!

From Thursday 17 September Dave and Gary will be concentrating on technique on Thursday evenings. This will give swimmers an opportunity to improve their strokes. If you have any problems or just want some advice please come along.

Robin Hood Open Meet 2nd and 3rd October

This annual open meet is the Club's major fundraising activity of the year and we need a lot of volunteers to help us run it. Even if your child is not able to take part the money raised helps the Club throughout the year. A morning or an afternoon helping at the international pool at Ponds Forge is a great experience and may inspire our swimmers of the future. If you want more information please speak to the people on the doors.

PBs - The PB sheet is on the board at R.A.S.C. Please submit any new times to Sharon Clogg.

Please Note:

Child Protection training is to be held on Monday 18th October at The Black Bull on Woodhouse Road - 7-10 pm. All teachers, coaches, officials and poolside helpers should attend - please sign up on the R.A.S.C. notice board.

Club swimmers shine at Midlands and Nationals

The Club is thrilled by the success of our senior swimmers at the recent National events. At the British Gas ASA National Age Group Championships at Ponds Forge on 28 July - 1 August we had four competitors, Shannon Brown, Jade Clarke, Heidi Gregory and Kieran McGinley. This competition is for boys, 14 and under and girls, 13 and under.

The older swimmers swam the following week in the British Gas ASA National Youth Championships which is for swimmers up to the age of 18. Again this was held at Ponds Forge, which makes it very convenient for our swimmers as it is just up the road and they are used to training and competing there. We were represented by Kelly Ramsdale, Seb Smith, Lewis Steptoe and Daniel Timms.

All these swimmers should be congratulated on their achievements as it takes a lot of hard work to get to this level within the sport.

In the Midlands Age Group Championships at Coventry in July we were represented by Shannon Brown, Luke Carnell, Jade Clarke Elliot Clogg, Heidi Gregory, Kieran McGinley, Michael Shillito and Esme Wood.

In the Midlands Youth Championships we were represented by Amy Hull, Seb Smith, Lewis Steptoe and Daniel Timms. Three other swimmers qualified for the Midlands but were unfortunately unable to attend: Amy Butt, Kelly Ramsdale and Thomas Roberts.

Congratulations to all these swimmers - some of whom won medals, some of whom were placed in the top ten and many of whom

Stags support Club Presentation Evening

Mansfield Town generously donated a signed football and a pair of home game tickets for the Presentation Evening raffle.

Club swimmers Lauren and Elliot Clogg and Kieran Halpin-Danby are pictured receiving the donations from Team Manager David Holdsworth.



Recruitment Campaign

At the beginning of October the Club is launching a campaign to recruit new young swimmers for the Club.

We wish to enlist the help of our current swimmers to distribute newly produced 'postcards' to the local primary schools. If you feel able to help could you please let Liz or Sharon know the name of the school your children attend so that we can ensure all the local schools are covered. The printing of the 'postcards' has been paid for using the Mansfield Members Forum Grant we received earlier in the year and the design costs have been generously been donated by local company Shout PR. Many thanks to both.

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Please remember to look at the notice boards at R.A.S.C. and Watermeadows to keep up to date with what is going on.